

salads

Sesame Chicken 12.95

mandarin oranges. wontons. toasted almonds. soy sesame vinaigrette

Petite Flat Iron Steak 14.95

spring mix. avocado. tomatoes. blue cheese crumbles. balsamic vinaigrette

Cobb 14.95

chicken. tomato. olives. bacon. avocado. blue cheese crumbles

Classic Caesar 10.95

parmesan cheese. sourdough croutons

with freshly grilled chicken add 4.00 or salmon add: 6.00

Bay Shrimp Louie 14.95

tomato. green onion. avocado. hard boiled egg. louie dressing

entrees

French Onion Soup 8.95

with green salad. balsamic vinaigrette 11.95

Sauteed Prawn Picatta 14.95

wild rice. seasonal vegetables. lemon caper butter

Teriyaki Pork Stir-Fry 13.95

wild rice. stir-fry vegetables. wontons

Fettucine with Grilled Chicken 13.50

tomatoes. basil pesto cream sauce

Spinach Wrap 11.50

*rice. avocado. lettuce. sour cream. cheddar and swiss cheese
with a choice of ground beef. mushrooms. chicken. salmon or prawns*

Grilled Salmon Filet 16.95

wild rice. seasonal vegetables. sesame ginger teriyaki sauce

Spinach & Mushroom Omelette 10.75

sandwiches

with your choice of house cut fries, cup of soup or fresh fruit

The Club 11.50

sliced ham. turkey. bacon. mayonnaise. lettuce. tomato. toasted nine grain bread

Grilled Chicken 12.95

lettuce. mozzarella. tomatoes. basil mayonnaise. sweet french roll

Barbeque Pork 12.95

mango pineapple vinaigrette. cabbage slaw. sweet french roll

Bacon. Lettuce. Tomato and Avocado 11.95

toasted nine grain bread. mayonnaise

Angus Beef Hamburger 13.25

choice of cheese. lettuce. tomato. onion. add bacon or avocado for .75 each

French Dip Au Jus 14.25

sliced roast beef. mayonnaise. swiss cheese. sweet french roll

Flat Iron Steak "Burger" 16.95

lettuce. tomato. mayonnaise. spring mix. sesame seed bun

Turkey Cranberry 10.95

nine grain bread. cranberry walnut mayonnaise. lettuce. tomato

*Our menus change frequently, items and prices may vary
from what we post online.*

Sales tax will be added to all restaurant charges. 18% service added to parties of 6 or more